

PERSPPECTIVAS DE PAZ

Vol. 22 Pennsylvania's First International Student Exchange Program

WELCOME 2010-2011

THIS SPECIAL WELCOME ISSUE IS GIVEN OUT TO ALL NEW ARRIVALS AND CONTAINS VITAL INFORMATION. SAVE WITH YOUR IMPORTANT PAPERS.

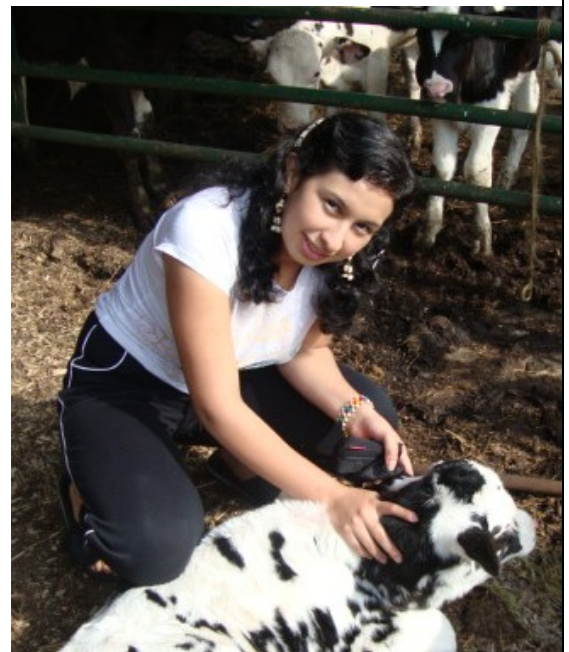
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A Warm Welcome to Our P.E.A.C.E. Ambassadors Class of 2010-2011!

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PRE-DEPARTURE ORIENTATION IN MEXICO: Four of our Mexican Student Ambassadors met with their representative, Evelyn Garza Hernández, and the 2008 PEACE Student of the Year, Gaby Cerros, to get an idea of what to expect and share advice. Pictured left to right: Sarai Ramirez, Ivonne Riojas, Evelyn Garza Hernández, Gaby Cerros, Jesus Garza, and Elena Garza.



Jessica Gutierrez from Ecuador has already had many good experiences with her host family, Ronald & Margaret Kennis of Punxsutawney, PA, including visiting Kidwood, an amusement park with the Punxsutawney H.S. Band and a getting to know this calf!



ProAmerican Educational And Cultural Exchange

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Dates To Remember

One of our goals is to help young people in our hemisphere learn of American traditions and what we stand for as a God-fearing nation. We hope that, as adults leading their countries, this will benefit our relations with them. We in the United States also should know more than we do about traditions and history of our Latin American neighbors. In this newsletter we attempt to educate each other by listing and editorializing on many important political figures, historical events, cultural icons, and holy days which are recognized and often celebrated with national holidays.

July 4, 1776 - America's Declaration of Independence from the mighty British Empire (penned by Thomas Jefferson) was proclaimed to the World, founded on the concept of liberty and justice for all as rights given by God, not privileges from men.

July 4, 1826 - on the Declaration's 50th anniversary, Presidents John Adams & Thomas Jefferson died, then on **July 4, 1831**—died 5th president James Monroe, author of Monroe Doctrine—the cornerstone of U.S. foreign policy.

July 4, 1884 France presented Statue of Liberty to America.

July 20 - Birthday of Simon Bolivar - Liberator of South America from colonization of the Spanish Conquistadores.

July 31, 2005 President Bush address to National Jamboree "It's a fantastic sight to look out on more than 30,000 young men wearing the uniform of the Boy Scouts of America."

"When you join a scout troop, and put on a Scout uniform, you make a statement. Your uniform is a sign that you're a certain kind of citizen -- trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean and reverent. These are the values of scouting; they're important values for America."

Aug. 1 - International Friendship Day - a time to recognize friends and their contribution to your life.

Aug. 7 - On this date Colombians celebrate the **Battle of Boyaca** to commemorate their victory over Spanish rulers.

Aug. 6 & 9, 1945 - Atomic Bombing of Hiroshima & Nagasaki which brought an end to **WWII** three weeks later.

Aug. 10 - Ecuadorian Independence Day

Aug. 15 - Assumption of Mary - Catholic Holy Day

Aug. 10 - Ecuadorian Independence Day

Aug. 27 - Removal of Ten Commandments from Alabama Courthouse day of mourning for America's heritage.

Aug. 28, 1963 - Martin Luther King led the march on Washington and gave his noted "I Have a Dream" speech on the 100th anniversary of Lincoln's **Emancipation Proclamation** declaring freedom for all American slaves.

Aug. 30, 1967 - Thurgood Marshall became the first African-American justice on the U.S. Supreme Court. Marshall, as chief attorney for the NAACP, in June 1954 successfully argued the case *Brown vs. Board of Education*,

Keep Warm And Well In Winter

LETS GET PHYSICAL

The temperature of each body part is directly related to blood flow to that area. When the outside temperature drops, your body automatically directs blood vessels near the surface of the skin to constrict in order to redirect blood flow toward vital internal organs like the heart and brain. Physical activity counters the cold by increasing flow of warming circulation. The good news is that a little effort can go a long way. Don't Just Sit There! Standing will increase your heat production by 20% over sitting.

Get Into The Swing! For icy hands, swing arms windmill-style.

EAT TO HEAT

Eating is another antidote to cold, since the digestion process produces heat. Choose something hot. Cocoa and Jalapenos! Although the amount of actual heat ingested is small, hot foods and beverages give the nervous system a warmth signal that encourages blood flow to the extremities. Spicy foods will do this too. **Meat to Heat!** Eating foods high in iron such as red meats and green leafy vegetables can help keep you warm. The body needs iron to make the thyroid hormone which stimulates heat production.

THE ART OF LAYERING

Air trapped between layers of clothes insulates better than a single heavy garment. Here are the basics.

Layer 1. Start with an undershirt or long johns in fabrics which trap body heat and wick moisture away from skin. Socks should be made of wool or wick-dry synthetic like Coolmax.

Layer 2. Wear long-sleeved cotton denim or flannel shirts which allow moisture to evaporate.

Layer 3. Pants and vests made of wool keep body core warm without bulk. Water-proof boots with felt liners or other insulation keep feet dry and warm.

Layer 4. Choose coats and jackets with fleece linings and outer shells made of wind- and water-resistant PVC coated nylon.

Fleece is the fabric favored by professional skiers an mountain climbers because it retains natural body warmth even when wet and has a very high "warmth to weight" ratio making it effective without being bulky. Quilted poly/cotton is another excellent lining material. The quilting traps and retains body heat.

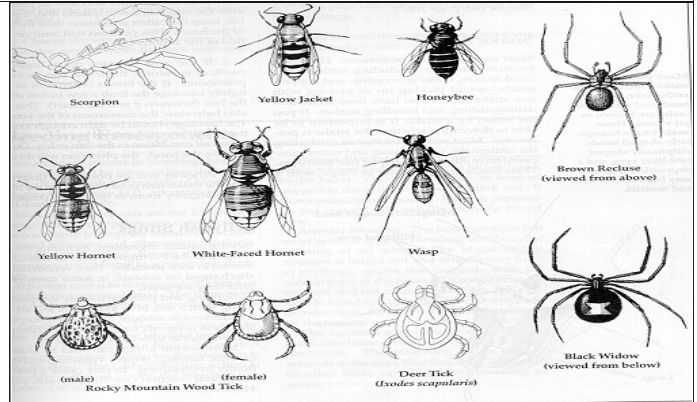
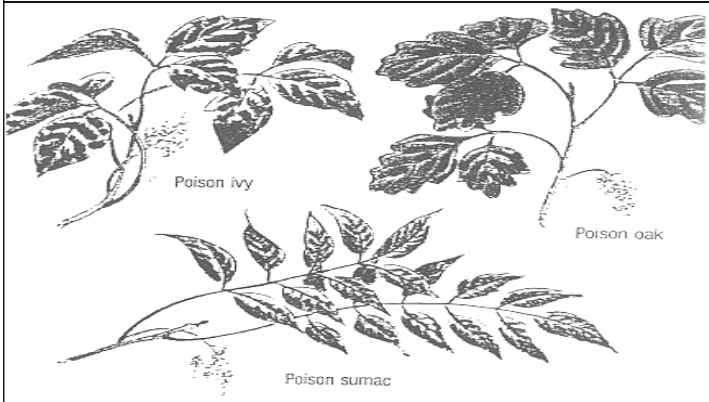
Layer 5. Hot Rods Winter Liners, Hats, Neck Warmers and Vest put climate control on your side to keep the entire body warm.

August Birthdays

8/17 Lisseth Torres



Common risks of the North American outdoors



SKIN POISONING: from Poison Ivy, Oak, or Sumac is not deadly, but it is annoying. Touching these plants will cause the skin to become red and itchy, and blisters may form. The plants give off an oil. If you have the oil on your leg, and then scratch your leg, and later rub your nose, you will get the rash in both places. Touching another person will pass it along, if you have the poison oil on your hand.

FIRST AID: If you think you have touched a poisonous plant, wash immediately with soap and water; then rub with alcohol. Calamine lotion relieves the itching. It will normally clear up in about 10 days, unless too much scratching causes infection.

Plant Identification:

Poison Ivy has three green leaves which are smooth and turn red in the fall. In the spring it has small cream flowers which ripen to tan berries.

Poison Oak has 3 leaves like oak trees, but grows like a shrub.

Poison Sumac is a tall rangy shrub with paired leaves growing in damp swampy areas. It has smooth leaves and pale yellow fruit. A non-poisonous type has red fruit and toothy edges.



JEWELWEED REMEDY

Jewelweed is a smooth annual growing 3-5 ft. tall. Pale jewelweed has yellow flowers that are a bit trumpet shaped. The flowers hang

from the plant much as a jewel from a necklace. The Spotted Touch-Me-Nots have orange flowers with dark red dots. The seeds will 'pop' when touched, that is where the name Touch-Me-Nots came from.

American Indians used it as a medicine for treating the rash and pain of poison ivy. They crushed a handful of the plant and applied the juicy mess to the itching areas for quick relief.

LYME DISEASE: occurs about 3-14 days after a tick bite and is manifested as an expanding round or oval-shaped rash, which can be a few to many inches in diameter. The rash usually disappears on its own in a few weeks, but in some cases has lasted a year. At this stage many patients have flu-like illness with fever, fatigue, headaches, muscle and joint aches. In untreated patients this will frequently develop into a form of arthritis and 15% develop neurological disturbances like meningitis or paralysis of the face. For 8% an irregular heart beat, dizziness, or fainting occurs.

CAUSE: This condition is caused by tick bites, so you should cover feet and legs when walking in wooded areas and fields. Ticks are very small — about the size of a pinhead, but after a meal of blood they may grow to many times their original size. They usually feed on animals, like deer and mice, but sometimes humans, too; and when they do, an infected tick may give that person Lyme Disease.

SEASON: Most cases occur from May to November, with a peak incidence of bites in June and July.

FIRST AID AND TREATMENT: If you find one on your body, remove it with tweezers by grasping the tick as close to the the mouth as possible and gently pulling it away from your skin. Check your pets, too. There is also a common American dog tick, which is not as infectuous, but should still be treated carefully. The earlier the treatment the better your success, so, if you have the rash, see a dermatologist immediately.

Que es la enfermedad de Lyme?

La enfermedad de Lyme es una infeccion causada por una bacteria llamada Borrelia burgdorferi (un tipo de bacteria que corresponde al grupo de Spirochete), que es transportada por el venado. Una garapata infectada puede transmitir la enfermedad de Lyme a humanos y animales a traves de su picadura.

URGENT NEWS FOR ALL PARENTS

PARENTS AND STUDENTS, PLEASE SAVE ALL NEWSLETTERS WITH YOUR HANDBOOK
SOME CONTENT IS REFERENCE MATERIAL

Post-Arrival **ORIENTATION** Workshops

These insightful workshops are conducted regionally by office staff, counselors, and area reps for the benefit of exchange students & their host families. Orientations are most effective if held within 4-6 weeks of arrival. We are scheduling all orientations on the last weekend in September to keep inconvenience to a minimum, so please, put us first on your priority list, and say, "I'm too busy" to someone else

If you can offer your home or church hall for 12-24 people to meet in, call your area representative or the PEACE office at 800-377-2232. If you haven't heard about yours by the time you get this newsletter, **CALL YOUR AREA REP! FOR THE TIME**

These meetings are required by the U.S. State Department. Lucky for you, we decided, what the heck, let's make 'em fun, too. At this meeting you'll meet other host families and their students and get to swap experiences with fellow-first-timers and old pros, too. We'll play some games, maybe watch a video of past field trips, review rules (yeah, gotta do that), discuss culture shock and share ideas on how to handle it, and feast on an international pot-luck supper. Students are asked to make a tasty dish from their country.

Sadly, in the past, some people skipped this activity, thinking it would be boring and a waste of time, like hated meetings at work. They didn't think they needed any help or advice, since they were having such a good time. But those who attended always said they had more fun and learned more useful ideas than expected. As the saying goes: "An ounce of prevention is worth a pound of cure."

INSURANCE ALERT!

Turbulent times are causing annual changes in our coverage and making it hard to keep our materials current. Rely only on the actual company certificate of coverage and brochure for factual description of your insurance coverage.

School time accident policies are strongly recommended to cover the numerous high risks activities with sports and school activities now excluded by the policy.

Compare the exclusions list to your lifestyle, and most importantly—take steps to keep yourself healthy, use your common sense and don't take foolish risks!

TRAVEL PAPERS

COPIES of these papers must be sent to the PEACE office. Students are not allowed to travel about the country until we have these documents!

1. **DS-2019** This form is the one you took to your consular interview It is stamped again at the border.
2. **Passport photo and ID # page** (This is the first page in your passport (home country identification).
3. Your **VISA** has your picture in color, USA written on it and is put in your passport at the embassy.
4. **I-94 Card:** a 4" sq. card attached to your passport by US Customs when you enter the country. It must be retrieved at the airport when you go home. Don't

Athletic Eligibility:State Regulations

If you are told that state rules prohibit your student from play, phone your state interscholastic athletic association and get a written copy of the rules. We sometimes find principals misinformed when interpreting the rules as applied to foreign students.

PIAA has a Transfer-waiver form to help determine eligibility. It is the responsibility of the U.S. school principal to fax it to the principal in the student's country to be completed and faxed back. It is the students responsibility to get the foreign principal's name, phone and fax number to the U.S. Principal.

Exchange students need the camaraderie and healthy exercise gained from competitive athletics. It can be the surest and quickest way for a "strange new kid" who doesn't speak English very well yet to get attention, be respected, and make friends.

Many state policies restrict student participation in competitive sports to prevent coaches from seeding teams with ringers by banning students sponsored by programs not listed by the CSIET, a private association requiring members to not honor requests for students of a particular athletic talent. CSIET is prohibitively costly for small programs like ours; but *children are the ones suffering, not coaches.*

Some states don't allow students to play sports if graduated in their country, regardless of age, years of school or competitive experience in the chosen sport, even though most students prefer to graduate at home before becoming an exchange student.

Federal guidelines do not regulate extracurricular activities. If your state rules are not friendly, start a petition. There are fairer ways to regulate overly zealous coaches than to punish innocent children.

Meet Your Directors



Richard Page, Founder, President and Director, oversees all aspects of the program, makes final approval of students, host families, U.S. and international staff. Mr. Page travels throughout the Eastern U.S. & Latin America, speaking in schools and churches, meeting families, students, and school personnel. He plans and runs the annual field trip & TOEFL test, oversees the judging and emcees the awards banquet.

Terry Page, Co-founder, Vice-President/Secretary/Treasurer, assists Mr. Page in administration, banking, and staff supervision, helps match families with students, and checks references. She's the best counselor of nervous new moms — after all, she's already hosted six of our lovely children!



Counselors lend a kind and sympathetic ear...

From Latin America En Espanol y Ingles

Bienvenidos a todos los estudiantes. Nosotros somos los consejeros de PEACE. Y escribimos este paragrafo desde nuestra casas donde que estes. Ojala que todos hayan tenido suerte en sus vuelos, con

sus familias, y colegios. Nosotros estamos escribiendo esta carta para recordarles que en caso de que haya algun problema (ya sea con la familia, con el colegio, o lo que sea), la primera llamada debera ser para consejeros o tu representante de area de PEACE. Nosotros estamos pidiendo que no hablen con los colegios o sus padres, sino primeramente con PEACE. Recuerda nosotros estamos aqui para ayudarles - se feliz! Tu cuentas para PEACE, queremos contar contigo ! Dios los Bendiga!



Hilda Muñoz 1-877-577-3590 munoz@peace-inc.org fled her native Cuba for the USA when Castro took over. At Louisiana State Univ. she met and married Francisco from Spain. They made their home in Venezuela. In 1994, after having sent her three children to be exchange students, Hilda became a rep for PEACE helping hundreds of students come to the USA. When Fidel helped another Communist take over Venezuela, they emigrated to Florida in 2001, after training new reps to service Venezuela. Hilda is now a counselor for all Spanish speaking students.

From South Korea



Gil and Joanna Kim are our South Korean Counselors. They can be reached at

877-277-3590. Look for more on Gil & Joanna in a future newsletter...

From China

Yen-ling Mulholland is our Chinese Counselor. She can be reached at 877-377-3590. Look forward to getting to know Yen-ling better in an upcoming newsletter as well!



Meet Our Office Staff. . .



Wandy Garcia, our Bi-lingual Office Manager, does everything! Not only does she reply to information requests from students and both US and Spanish speaking parents but she also maintains and updates information in the databases, sends weekly progress reports to international reps for upcoming year students; she translates Spanish correspondence, makes airline reservations and changes, sends arrival and departure schedules to students, host and reps. As you might guess, Wandy can answer most of your questions...and she does it all with a warm and friendly smile you can feel on the other end of the phone! We are lucky to have her managing the PEACE office!



Karyn Brennan
School
Coordinator



Vanessa Setlock
Representative
Coordinator



Lucille Crishock
Placement
Specialist



Sarina Berlow
PR Coordinator

WE'RE HERE IF YOU NEED US!! 800-377-2232



For all of our newly arrived students, I want to share with you a letter that was sent to us from our 2003-2004 school year student of the year. It will connect with the feeling that many of you are dealing with right now. This is a story about before and after...

My Baggage

How did it happen? I don't know. The last thing I remember is that I was crying for the life I left behind. When I left, I had so much baggage along. When I arrived as I was unpacking I felt like it was all my memories, my friends, my family, their love, their blessings, my life what I was getting rid of. I started feeling so empty just like my bags were getting too. I decided I had 10 months to fill them up again. I had to make new friends, to get new memories, start new relationships with new feelings.

The sadness however, was giving me a hard time. Before I left, I had everything I asked God for and even more. Love and wonderful people surrounded me. I just had the nicest life I could've had asked for. It was too much to ask if I asked to get a new life as nice as the one I had.

With the situation I was going through, it seemed impossible to achieve. I thought I would never make it and that I had made a total mistake. I couldn't even be myself, how was I gonna make it all on my own?

I couldn't take it anymore, so I gave up. I left everything on God's hands. I trusted Him more than ever in my life. I gave Him everything, my family, my friends, my dreams and the hopes that I had for the new life I was starting. I had no request at all I just trusted him with faith and I would respect His will whatever it was. After that things just happened to be like a dream. The time went even faster than I wanted it to be like.

It's now that I'm packing again when I realized what an excellent choice I made. I'm packing and I just find no place to put everything I own now. My baggage has more than doubled. I luckily have not just everything that I brought, but so much more new things that I found here.

I'm taking with me great memories of so many wonderful moments. I also find some hard and sad moments that I keep because they made my spirit and my faith in God to grow so much. I get to take so many friends. They are extraordinary human beings who helped me through the tough moments and celebrated with me the joyful ones.

God has been more than generous because in my bags (my life) I find His blessings. I'm so thankful to Him and to all those people for everything they've done for me. I just hope I gave all these persons half of the happiness they gave me. They are the sunshine for every day of my life and even though I'm leaving it will always be like that. They'll be in my heart forever because I've learned so much from all of them and I love them so much. God bless them all.

Evelyn Garza

ANOTHER VOICE OF EXPERIENCE

PERFECTIONIST CHILDREN NEED REALISTIC GOALS

To a person who is a perfectionist, anything less than the best is unacceptable. Though these people are high achievers with above average intelligence, their world is one of unattainable goals and unrealized expectation.

Foreign exchange students, when they arrive, often are expecting to achieve socially and academically the same as they did in their home countries. This is unrealistic in the first weeks and even months of adjustment.

Parents, experts recommend addressing the problem if your students seems too anxious about not measuring up or is unwilling to try new things for fear of failure. A few students are initially reluctant to speak for this reason. They don't want to embarrass themselves by their grammatical mistakes.

Regarding homework, host parents who jump in and finish projects for their student at the first sign of trouble send kids the message that they can't do anything well on their own.

Make suggestions. Be supportive. But let them finish tasks by themselves. Ask questions to lay a path of clues to the answer. This way, they'll discover answers like a detective and take great pleasure in it.

Students, it's OK to make an error. You are human. Recall childhood mistakes as well as successes. In a new culture and language you're like a child again. You must first crawl, then walk, then run.

Avoid being too goal oriented too soon. Don't focus on the end product. Take pride in each small achievement. Note your growth in retention from the previous week. Becoming good at something takes time and practice. Don't be hard on yourself for early results. Take pleasure in the challenge.

It's important for all of us to experience successes, even small ones. If a project seems impossible to complete, we suggest dividing it into sections. This way you can reward yourself upon finishing each part.

Also remember there is one Comforter who is with you no matter what country you are in: Jesus. He knows how you feel. He knows your heart. He understands when you are lonely, discouraged, frustrated, fearful, tired, and anxious.

He knows your troubles. He has your solutions —if you ask.

A FRIENDLY REMINDER:

Most American homes do not have maids. In our culture, all family members do their share and help each other as needed. So forget those maids back in your home countries, and truly live the American culture and help clean your house together!!!



PARENTS: Speak **s-l-o-w-l-y**. It's easier to say what you've thought out and translated than to translate, understand and reply... Remember your student isn't deaf.

You don't have to speak louder!

RICHARD'S READING LIST

PEACE supports ministries that try to preserve traditional family values in an increasingly secular culture. In your packet is a free back issue of *Focus On The Family* magazine. Inside, you can order Dr. Dobson's books, videos, & magazines.

Other highly recommended faith-based resources listed below:

Religious Rights Watch, The Christian Coalition 800-325-4746
Christian Educators Association International 818-798-1124
The Myth of Separation, Wallbuilders Publishing 817-441-6044
Dr. James Kennedy, Presbyterian author, TV, radio 800-229-9673
Evolution: Bone of Contention, Evangelical Press 973-454-0505
Racism in the Church, Dr. Frederick Price: Sunday on LifetimeTV
Dr. Charles Stanley, Baptist author, radio & TV 800-323-3747
The Fight Back Book, American Family Assoc. 601-844-5036
The Jesus Film (Campus Crusade for Christ) 800-432-1997
Dr. Laura Schlessinger: psychologist (author, radio talk show host)
Breakpoint by Chuck Colson: free at service@breakpoint.org
Catholic Answers (scriptural apologetics) www.catholicanswers.org
Life Principles (4 levels of happiness) www.lifeprinciples.org

Your Web Page

Keep your family and friends up to date on what you are doing by sending pictures to sarinaberlow3@gmail.com. Pictures will be posted on your individual web page under "Students" but this will only work if you send Sarina material! News will go into the upcoming newsletters.

Get Involved in Your School & Community Activities!

Don't forget to get involved in school and community activities and then let us know about it. Your activities are recorded, kept on file for student recognition during our annual Spring Trip. Awards are presented for Academics, Speech, Christian and Community Service, Athletics, Arts and Ambassador at Large.

Don't forget to send us a copy of your report cards. We don't want to miss anyone when posting the Honor Roll!

Spanglish VOCABULARY QUIZ

(try to match words to definitions)

El Niño	Underwear
Hershito	Reason to call a plumber
Wrinklisimo	Baby's dirty diaper
Dreadito	Mexican Chocolate
BVDitos	A long shower
Spamaria	Feeling when in-laws drop by
Leakisimo	Ham Canning Factory
Smelito	#1 excuse for being late

[Submitted in 1992 by Tom Sword (PA) and Fernando Montalvo (MX), a deranged host father & student.]

The correct answers are not provided. You're on your own!

"IT LOSES SOMETHING IN TRANSLATION."

Much between English and Spanish requires reversing the order of the parts of speech. For example: English says, "The red car" while Spanish says, "The car red". Many students have abruptly announced, "YOU need to take me to the mall for new sneakers!", prompting the upset host parent to respond, "I don't NEED to take you anywhere!" What your student *really means* is, "I need YOU to take me to the mall."

ONLINE DICTIONARY AND THESAURUS:

Here's a site to help you -- more than 800 dictionaries in 160 languages -- www.onelook.com breaking down dictionaries by topics: arts, medical, sports, etc. To sound like everyone around you and not just like a member of a university's English department, check out this Slang page - <http://www.eslcafe.com/slang/>

Send us your Current Email Address!

Students, we'd like to send e-mails to you, your parents, and host families, but we may not have the e-mail addresses we need. To be on the safe side, please help by sending us your most current e-mail address to paz@peace-inc.org



DC?

Call us for great rates at the Days Inn on New York Ave almost downtown.

WILLIAMSBURG?

Call us for great rates at the Best Western on Richmond Ave in town

NEW ENGLAND?

The Ramada near Providence gives us great rates with a hot breakfast





A Message from Our Director:

Questions About God

The mission of PEACE and our government is to unite the world through our children by bringing the world's future leaders here to experience America's story live. 4-D is better than 3-D.

PEACE is a Christian oriented organization and America's roots are deeply so embedded. This country was founded by men and women who claimed the land for Christ when they arrived. The signers of the Declaration and the Constitution were Bible believing men living Godly lives. Jefferson, the least orthodox of them, held church services weekly in the capitol building! Public schools were started by both state and federal laws for the express purpose of making the common folk literate enough to read the Bible and preserve the principals stated by our founders and engraved in their monuments.

Just as was desired and expressed by the founders of America, it is my personal mission to develop more Godly leaders. Since Darwin proposed the evolution of the species as theory, atheist or non-believers grew in numbers and voice questioning their creator's existence, even though every single field of science was established by believers.

The first decade of the new millennium has seen the most frequent and vicious attacks on God the Father and God the Son in my lifetime, maybe since Caesar. Believers need to be able to defend their faith. Agnostics need to learn what to have faith in. Your current and future lives depend on it. Please go to this link open the link. Please read the introduction and part of the first chapter and consider it.

http://www.amazon.com/Questions-About-God-Answers-Change/dp/1935079131/ref=sr_1_1?ie=UTF8&s=books&qid=1276725895&sr=8-1#reader_1935079131

PEACE be with you,

Richard S. Page

Richard S. Page
President, Founder, Executive Director
ProAmerican Educational And Cultural Exchange
A U.S. State Department Designated Program since 1990

¿Sabias Que? (Do you know what?)

STUDENT OF THE MONTH: Forthcoming newsletters feature short profiles about outstanding students. One will be awarded Student of the Year at a formal banquet. Who will it be? Nominations are from teachers, families and students! .

REPORT CARDS AND HONOR ROLL: Student academic achievement is monitored by the PEACE office for future recognition and surveys. Therefore, please forward us copies of school progress reports and report cards so we can publish it in this newsletter.

PERFORMING ARTISTS, Help us with our star search! Each year we honor students who excel in service, sports, arts, public speaking, and academics. We'd love copies of your video or audio tapes of students' performances in talent shows, musicals, and concerts. E-mail scans or photos of visual arts projects: posters, photos, paintings, murals, sculptures, or stage sets for the newsletter!

ESTUDIANTES Si tu obtienes buenas calificaciones y esta en el cuadro de Honor mande copias de tu reporte a la oficina . Por favor, escribir a la oficina para compartir sus impresiones y experiencias, en todos sus logros academicos, deportes y cualquier viajes ó aventuras. Que nosotros lo compartiremos con los demas estudiantes y familias en esta carta nueva, reconociendo al mejor estudiantes de cada mes y para la entrega de premios en la cena anual de gala de PEACE. Ver historias comicas y fotos en esta paginas Que."

Parlando con sus Consejeros

Los estudiantes americanos, tienen los mismos problemas cuando son reubicados en un pueblo nuevo. Los circulos sociales estaran establecidos antes de tu llegada, todos seran amigables y te sonreiran, pero tu tendras que empezar algun tipo de conversacion en, el autobus, la cafeteria, etc. Conocer personas es muy facil cuando estas involucrado, en algun deporte, club o equipo. Pidele ayuda a tu consejero de la escuela, tu tuviste el corage de venir a los E.U., y eso te pone 99% adelante de la poblacion. Ahora, adelante y anda el resto del camino, INTRODUCCION A LA NUEVA SOCIEDAD. Recuerda que, " lo mas importante no es fijar una meta, si no alcanzarla". Cleide & Hilda .